# Year 3: Skeletons

Humans and some other animals have skeletons and skeletons grow as we grow.

#### Muscles

Humans and some animals have muscles which contract or relax to move the bones which they are attached to by tendons.

Muscles can only pull, they can't push so they have to work in pairs to move the bones.



# Joints

Joints are aware where two or more bones are fitted together to allow movement.

### The Spine

The spine is a strong, flexible, ring-like bones that runs from your skull to your pelvis and protects your spinal code.

### Key Vocabulary:



#### **Skeletons:**





**Invertebrate** have an exoskeleton (an external skeleton) or a hydrostatic skeleton (a skeleton made up of fluid filled compartments in the body).



Exoskeleton

Hydrostatic skeleton